

Spray Tan Preparation and maintenance tips

The secret to achieving a perfect spray tan glow has everything to do with preparing the skin before a session and maintaining the tan after the session.

Before your session

- If you really need to take a shower before the appointment, take it 3 hours prior the session and rinse only.
- Shave, wax and exfoliate the skin at least 24 hours prior to the appointment. It's important to allow the amino acids to reconstruct as DHA needs amino acids to develop. Also, the pores need time to close before applying the solution. Otherwise, the cosmetic bronzer can get soak into the pores.
- Exfoliate* the skin 2-4 times.
- Do not use lotions, oil based exfoliating products, gels or waxing/shaving creams. These could leave residue on the skin and deny the solution from developing correctly.
- Do not wear makeup, cream, sunscreen, perfume or deodorant.
- Moisturize the skin days prior the session (not the day of the appointment).
- The application can be done with or without undergarments or a bathing suit. Wearing baggy and dark clothes is recommended for after the session. The accelerators present in the NUDA products could temporarily soil your clients clothing or bed sheets.

* Exfoliation is the MOST important tip to follow in order to achieve an optimal result that will lasts up to 10 days. The use of a simple exfoliating soap doesn't suffice. A good scrub will allow the elimination of all the dead skin cells and impurities from the body. Pay attention to rough areas like the top of the feet, heels, ankles, elbows, armpits, knuckles, collarbones, etc.

If the exfoliation hasn't been done properly, the result and/or the fading could be uneven, and the result could disappear prematurely and/or in the form of blots. NUDA products have been designed to fade gradually and evenly, when the skin is properly exfoliated. On the contrary, the dead skin cells will be eliminated naturally and leave white spots on the tan.

After the session

- Wait 8 to 12 hours or 1 to 5 hours before showering, depending on the solution. This is the period of time required for the development of NUDA spray tanning solutions.
- Avoid activities that provoke sweating or any contact with liquid during the development period. If it's raining or snowing outside, wear long and covering clothes.
- Do not apply cream or makeup on the skin during the development period.
- If the session takes place in the evening, go to bed wearing long clothes.
- Rinse the whole body and face thoroughly to prevent the cosmetic bronzer (temporary layer) from leaking afterwards. Rinse until the water is clear. For the first shower, we recommend not using soap.
- Moisturize the skin daily with an appropriate lotion. Use the NUDA body lotion for best results.
- Use the NUDA self tanning lotion to expand your spray tan result.
- Do not exfoliate the skin for the duration of the result. When the tan will start to fade, it's essential to exfoliate the skin again in order to remove the old tan residue.
- Use soft facial cleansers. Avoid oily or exfoliating ones as well as brushes.
- Do not wax areas where solution has been applied. A delicate shaving may be done occasionally. Do not wax areas where solution has been applied. A delicate shaving may be done occasionally.
- Sweating excessively while sleeping or spending time in jacuzzis or saunas, taking long baths or showers on a daily basis, participating in activities that may cause excessive sweating can cause may cause the product to fade away faster.
- Avoid lotions, soaps and body washes made with mineral oils, petroleum and alcohol. These ingredients can affect the result and cause a faster fading.

Feel free to get in touch if you have any other questions. Don't hesitate to contact your us or visit our website at www.ivonnesanchez.com
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